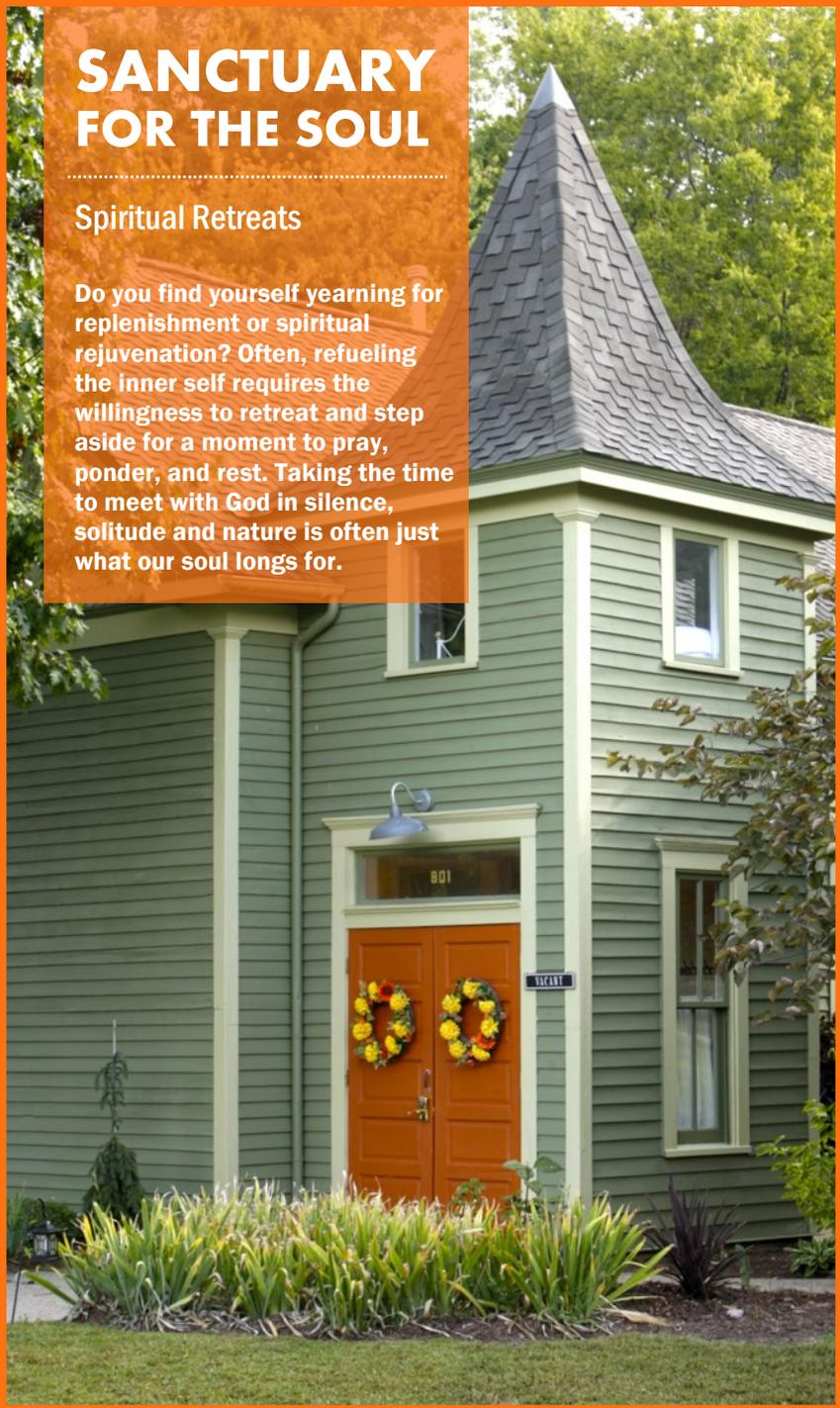




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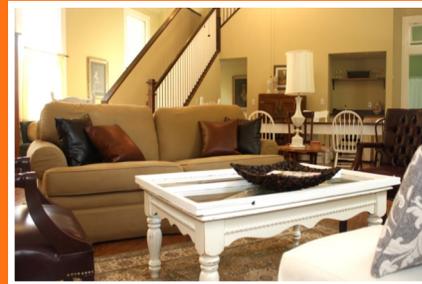
SANCTUARY FOR THE SOUL

Spiritual Retreats

Do you find yourself yearning for replenishment or spiritual rejuvenation? Often, refueling the inner self requires the willingness to retreat and step aside for a moment to pray, ponder, and rest. Taking the time to meet with God in silence, solitude and nature is often just what our soul longs for.

He says, “Be still, and know that I am God.” ~ Psalm 46:10

New International Version (NIV)



Mount Nebo Cottage is a sanctuary for the soul—ideal for personal and group retreats. Within the cottage you will find comfortable seating adorned in natural light and soothing colors. The outdoor patio also offers plentiful meeting space under a canopy of trees encompassed by seasonally lush vegetation.

The cottage owner, Angela Rapp, is a licensed and ordained minister with extensive experience in creating spiritually safe and contemplative environments since 2001. Angela offers retreat facilitation within a Christ-centered context.

Personal Retreats

Schedule a personal retreat to meditate in the privacy of the spacious cottage, read on the lush patio with a hot drink, or reflect while walking on the Katy Trail. Choose from a self-directed retreat or request a spiritual companion where “holy listening” is utilized to encourage self-awareness and personal growth for the retreatant.

Group Retreats

Gather with friends, family or team members for a retreat that fosters team building activities, spiritual guidance and healing, or any variation of group bonding. Group retreats can be scheduled with your own facilitator or you may request a facilitator to offer a guided retreat based on a topic or theme of your choice.

The cottage holds a maximum capacity of 15 guests for daily retreats and 5 guests for overnight stays. Hourly and nightly rates apply. Rocheport provides a variety of lodging options to accommodate over night groups larger than 5. To check availability and rates: **call Angela Rapp at (573) 808-6843 or visit mountnebocottage.com**